

Fetal Echo Indications and Risks

Indication	Risk of congenital heart disease compared to the general population (1%)
Diabetes/Maternal Obesity	Up to 5x higher chance of fetal congenital heart disease
IVF	Up to 2x higher chance of fetal congenital heart disease
Maternal Congenital Heart Disease	3-10% chance that fetus will have congenital heart disease 2-6% if father or another sibling has congenital heart disease
Maternal Sjogren's syndrome/lupus	2% of babies will experience some type of heart block
Down syndrome/other genetic conditions	About 50% of babies with Down syndrome will have some type of congenital heart disease. Other genetic syndromes also can be associated with congenital heart defects.
Monochorionic twins	Up to 2x higher chance of congenital heart disease in either twin